LaganView Weekly Activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning **-U3A Tai-Chi for Health** 11am-12pm ***For U3A Members Only*** Contact: info@lisburnu3a.org	**Morning** **-Community Advice Lisburn and Castlereagh Outreach Service** 9am-4pm (appt only) Contact 028 9266 251 **-Diabetes UK Lisburn Live Well Hub** 10am-11am (3rd Tuesday of every month) Contact Elaine on 028 9066 6646	**Morning**	**Morning** **-Yogalates (U3A)** 11am-12pm ***For U3A Members Only*** Contact Brenda on 07866762802.	**Morning** **-Lisburn Stroke Association Support Group** 10.30am-12pm (First Friday of every month) Contact Sally on 07929840414	**Morning** **-Lisburn Gaming Club** 9am-630pm Contact Colin on 07462485858.	**Morning** **-Christ Embassy Church** 10am-12pm Contact Patience on 07445299040
Afternoon	**Afternoon**	**Afternoon** **-Yogalates (U3A)** 4pm-5pm ***For U3A Members Only*** Contact Brenda on 07866762802.	**Afternoon** **-Fibromyalgia Support Group** 1pm-3pm (First Thursday of every other month-Feb, April, June, August, Oct & Dec) Contact Sandra on 07968 070744.	**Afternoon**	**Afternoon**	**Afternoon**
Evening **-Toddler Soccer with JWS Coaching.** 4pm-5pm Contact Jonathan on 07713484934 **-Little Savages Classes (4-7years)** 6.15pm-6.45pm **-Junior Savages Classes (8-12 years)** 6.45pm to7.30pm Contact Connor on 07938201508 **-Knockmore Flute Band** 8pm-10pm Contact Andrew on	**Evening** **-Lisburn Fusiliers** 7.30pm-8.30pm Contact Johnny on 07895651600	**Evening** **- My Dog's Best Friend** 6.30pm-9.30pm Contact Alan on 07989387407	**Evening** **-Highland Dance** (4+yrs) 6.30pm-7.30pm Contact Sarah on 07702286682	**Evening** **Lisburn Gaming Club** 730pm-1130pm (once a month) Contact Colin on 07462485858.	**Evening** **-Senior Citizens Saturday Club** 7pm-9pm Contact Jim on 07772145436.	**Evening**

The above is a list of activities that happen on a regular basis in LaganView. There is additional availability for booking the hall and upstairs rooms throughout the week.
If you require any further information on the above activities, please ring the designated numbers.
Please keep up-to-date with all our current news via our facebook page www.facebook.com/laganviewenterprisecentre or our website www.laganviewenterprise.com

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